

**Decision Maker:**       **Contracts Sub Committee**

**Date:**                    **6<sup>th</sup> February 2018**

**Title:**                    **Overview of CYP Emotional Wellbeing and Mental Health  
Strategy 2014 – 2018**

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**Ward:**                    Borough-wide

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## 1. Summary

1.1 Members are asked to review the overview of emotional wellbeing and mental health services in Bromley and to note the achievements to date.

1.2 The emotional wellbeing and mental health of children and young people has a greater national and local profile than ever before and this has been matched with a national and local commitment to transform emotional wellbeing and mental health provision for children and young people. With this new focus, each local area is required to develop plans that will lead to a step change in population wellbeing (keeping well) and access to evidence based interventions and services that support “Future in Mind” and “Implementing the Five Year Forward View for Mental Health” challenge. Each local partnership should commit to developing and delivering transformed service models that:

- 1) Increase the capacity across the system to cope with increasing need and acuity of need;
- 2) Increasing access to services;
- 3) Improving the quality of the service offer across early intervention and specialist community CAMHs (including developing a workforce to meet needs); and,
- 4) A commitment to co-producing the future system and the referral and care pathway design.

1.3 The national guidance requires that each local area develops a Local Transformation Plan. The initial Local CAMHs Transformation Plans [2015/2016] were jointly developed with LB Bromley and with delivery and sector partners. The subsequently published refreshed Local Transformation Plans [2016 and 2017] set out the change and improvements that have been achieved to date in transforming local emotional wellbeing and mental health services.

1.4 The challenge for each partnership is to deliver the step change within a five year time frame (commencing in 2015/2016) with a view to having in place pathways and services that support the local population to keep well and to meet additional needs (through specialist health services) as when children and young people might require them.

1.5 “*Implementing the Five Year Forward View for Mental Health*” [NHS England 2016] and the local strategy commits Bromley to increasing the numbers of children accessing appropriate support by 10% over the life course of the Transformation Plan.

## 1.6 Our local strategic ambitions are:

- To co-design and co-produce children and young people emotional wellbeing and mental health referral and care pathways to respond to need.
- To exceed the national target of 35% of those with mental health needs to be accessing or having accessed appropriate evidence based treatment and support at the right time and in the right place.
- To improve the quality of outcomes that children and young people can expect as a result of their contact with services
- To ensure that waiting times across all services (referral to treatment) are kept within clinically appropriate time frames (four weeks)
- That communities are supported to keep well
- To collaborate with partners, schools, the voluntary sector and health providers to prevent need
- That individual treatment gains goals and the step change in services are sustainable
- That fewer children present to services in crisis and fewer children and young people are admitted to inpatient units
- That more children have their needs met closer to home
- That services are co-designed and co-produced with children, young people, communities, faith groups and professionals
- To develop a workforce capable of delivering the new services

1.7 This refreshed Plan confirms the local partnership commitment to the road map to transformation as set out in the original Local CAMHs Transformation Plan and is aligned to national programmes.

1.8 In addition to local initiatives, there are a number of wider aligned regional (STP) and national schemes and drivers that have an impact on the local plans. These are reflected in the most recent refresh and include commitments to improve crisis care and deliver care closer to home.

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## 2 Reason for Report going to Contracts Sub Committee

2.1 Committee members are asked to note the overview of the CYP Emotional Wellbeing and Mental Health Strategy and achievements to date.